

*“Work Kinetics is also contributing significantly to our return to work programs. Since being instituted a year ago, the program has paid for itself two or three times over”*

— John Schwan, Director of Safety  
For An International  
Technology Company



PHYSICAL THERAPIST OWNED & DIRECTED

Contact us today for a consultation or for more information.

Jennifer Rappaport, MOTR/L, Director of Work Kinetics  
jrappaport@taiweb.com  
503-380-5550

Dorothy Klemetson, Work Kinetics Administrator  
dorothyk@taiweb.com  
206-241-8488 or 800-249-9020  
Ext. 2200

[www.therapeuticassociates.com/workkinetics](http://www.therapeuticassociates.com/workkinetics)



Are injury costs derailing profit and productivity?





# Therapeutic Associates

## About Work Kinetics

### Injury Prevention:

Employee and Employer education, analysis of job demands to identify risk areas for injury, employee screening to ensure they are qualified for the physical demands of a job, creation of stretch and wellness programs specific to your employees demands and needs.

### Injury Management:

Physical and Occupational Therapy education and rehabilitation, modified/restricted duty compliance, workstation assessments and any necessary ergonomic modifications that are needed.

### Return to Work & Daily life:

Physical/functional capacity evaluations (PCE/FCE), continued ergonomic modifications/ADA compliance, return to unrestricted duty and daily activities.

## Benefits of Work Kinetics

- Programs and services that prevent injuries and create a healthy work environment, as well as rehabilitation services after injuries have occurred.
- Our Work Kinetics specialists have extensive experience in creating an environment that promotes success and health for employees and also reduces their risk of injury.
- Education and wellness programs that create a culture of injury prevention on and off the job.
- Physical testing services define the physical demands of a job and determine the ability of employees and job candidates to meet those demands safely.
- Ergonomic consulting services provide you with practical solutions that reduce or eliminate risks of injury.
- By implementing programs that simultaneously prevent and manage musculoskeletal injuries, our clients have experienced a significant reduction in workers' compensation and group healthcare premiums.



## Protecting Your Human Assets

Therapeutic Associates provides comprehensive services that range from injury prevention and health & wellness programs through the rehabilitation process to result in a return to regular activity.

We offer tools and services that cover the spectrum of your needs while controlling overall long term costs of your employees' health and ability to work effectively. Our Work Kinetics specialist are available to help you determine your best course of action

With more than 50 years of experience in the field of physical rehabilitation, we understand that actively preventing injury and illness, promoting health & wellness, unitizing rehabilitation services and expediting a safe return to regular activity are crucial to reducing group health premiums and workers compensation costs.

### Additional Services Therapeutic Associates Provides:

- Injury Prevention Programs
- Work-Related Injury Rehabilitation
- Biomechanical Analysis
- Posture and Healthy Spine
- Ergonomic Analysis
- Manual Therapy
- The ASTYM™ System
- Sports Rehabilitation
- Sport-Specific Injury Prevention
- TMJ and Headache Treatment
- Running/Walking Clinics
- Custom Orthotics

*"We are getting much better managing our claims but I think even more important we are getting better at paying attention to our bodies and work stations before an injury occurs."*

— Patrice Stankavich  
Sage Fly Fishing