

Kinesio Taping KT1/KT2

Cost: TAI: \$350; Non-TAI: \$400

CEU's: 16

This taping technique aims to provide support and stability to joints through facilitating better neuromuscular patterning. Instead of trying to give "structural support," which may decrease circulation, this taping technique aims to provide a type of sensory feedback that helps the body find its own muscular control during activity.

Course objectives:

1. Understand the basic and advanced concepts of the Kinesio Taping Method.
2. Learn basic application skills during lab sessions.
3. Comprehend the various cutting techniques and their clinical applications.
4. Introduction of the Kinesio Correction Application Techniques
5. Introduction to the Clinical Application of the Kinesio Taping Method
6. Begin to learn time-efficient methods to decrease muscle spasm, pain, and swelling.

Course Description

KT1 Fundamental Concepts, 4 Major Physiological Effects, Taping Applications (To be taken in conjunction with KTA approved KT2 course)

The KT1 course is designed to introduce practitioners to the Kinesio Taping® Method. Over the course of this 8 hour class, the instructor will introduce Kinesio Taping concepts, theory and history and discuss the four major physiological effects - skin, muscle, circulatory/lymphatic and joint. During lab sessions, attendees will have ample time to practice Assessment Tests approved for the enhancement of your KT skills and muscle applications for both the upper and lower body. Upon completion of this course, attendees will be able to discuss and apply the Kinesio Taping® Method to relax overuse syndromes, stimulate weak muscles, and decrease pain and swelling.

KT2 Advanced Concepts & Corrective Techniques (Pre-requisite, completion of KTA approved KT1 course)

The KT2 course builds on material learned in KT1. During this 8 hour class, the instructor will introduce the six Corrective Techniques (Mechanical, Functional, Space, Fascia, Ligament/Tendon, and Lymphatic) and discuss their application in a variety of clinical conditions. During lab sessions, attendees will have ample time to practice applying these techniques to a variety of upper and lower body conditions. Upon

completion of this course, attendees will be able to discuss and apply the KT Method to orthopedic & neurological conditions.

Agenda

Saturday

8am – 6 pm

Sunday

8 am – 6 pm

***Fine Print**

Cancellations less than 7 days prior to the course will not be refunded

By registering for this course, you waive all liability to Therapeutic Associates, Inc. for any injury that may occur during this course.

Course content is not intended for use outside the scope of the learner's license or regulation. Clinical continuing education should not be taken by individuals who are not licensed or otherwise regulated, except, as they are involved in a specific plan of care.