

Thrust Manipulation of Selected Extremity and Spinal Joints

A program designed for physical therapy students and their clinical instructors

Cost: \$250

CEUs: 12

Selection, indication & contraindications for high velocity, low amplitude techniques (HVLAT) to selected extremity and spinal joints.

This two day lab and lecture course will focus on manual physical therapy intervention of selected joints of the upper and lower limb, and thoracic and lumbar-sacral spine, with emphasis on high velocity low amplitude mobilization/manipulation techniques (thrust). The course will also cover strategies to assess the physical therapy student's knowledge and aptitude for using manual therapy interventions and how to integrate these interventions into the clinical experience of a student. It includes pre-course instructional materials and a course handout.

Class is limited to 25 students.

Pre-Requisites

- **Licensed Physical Therapists only -**
- Pre-course assignment will be required reading

Course Objectives:

Utilizing the current physical therapy literature, this course will further the course participant's knowledge and skills in:

- Assessment and selection of high velocity, low amplitude mobilization/manipulation (HVLAT/thrust) techniques for select extremity and spinal joints
- The contraindications to applying these techniques
- The recognition of patterns of presentation
- Integrating clinical predication rules with biomechanical and pathoanatomical theories and knowledge to assist in the selection of HVLAT techniques

- The assessment, supervision, and guidance of physical therapy students who have received instruction in manipulation approaches

***Fine Print**

Cancellations less than 7 days prior to the course will not be refunded

By registering for this course, you waive all liability to Therapeutic Associates, Inc. for any injury that may occur during this course.

Course content is not intended for use outside the scope of the learner's license or regulation. Clinical continuing education should not be taken by individuals who are not licensed or otherwise regulated, except, as they are involved in a specific plan of care.